What is claimed is:

- A composition comprising methyl nicotinate and L-arginine in a pharmaceutically-acceptable topical vehicle.
- 2. The topical composition of Claim 1, further comprising an ingredient selected from the group consisting of yohimbe, muira puama extract, catuaba extract, maca extract, saw palmetto and mixtures thereof.
- 3. The topical composition of Claim 2, wherein said composition comprises methyl nicotinate, yohimbe, L-arginine, muira puama extract, catuaba extract, maca extract, saw palmetto, nettles and zinc.
- 4. The topical composition of Claim 2, wherein said composition comprises methyl nicotinate, L-arginine, muira puama extract, catuaba extract, maca extract, nettles and zinc.
- 5. A composition for topical administration to a mammal comprising,
 - a. between about 0.1% and about 5% methyl nicotinate,
 - b. between about 5 drops and about 50 drops of yohimbe extract,
 - c. between about 0.3% and about 1.5% L-arginine;
 - d. between about 1 drop and about 30 drops of muira puama extract per four ounces of composition,
 - e. between about 1 drop and about 30 drops of catuaba extract per four ounces of composition,
 - f. between about 1 drop and about 30 drops of maca extract per four ounces of composition, and

- g. between about 1 drop and about 30 drops of saw palmetto extract per four ounces of composition
 - in a pharmaceutically-acceptable topical vehicle.
- 6. The composition of Claim 5, wherein the pharmaceutically-acceptable topical vehicle is a lotion comprising aloe and vitamin E.
- A condom having an internal surface coating comprising a topical composition of Claim 5.
- 8. A composition for topical administration to a mammal comprising, per ounce,
 - a. about 1% methyl nicotinate,
 - b. about 25 drops of yohimbe extract,
 - c. about 8mg/cm³ of L-arginine,
 - d. about 12 drops of muira puama extract,
 - e. about 12 drops of catuaba extract,
 - f. about 12 drops of maca extract, and
 - g. about 12 drops of saw palmetto extract in a pharmaceutically-acceptable water-based topical vehicle comprising aloe and vitamin E.
- 9. A composition for topical administration to a mammal comprising,
 - a. between about 0.1% and about 5% methyl nicotinate,
 - b. between about 0.3% and about 1.5% L-arginine;
 - c. between about 1 drop and about 30 drops of muira puama extract,
 - d. between about 1 drop and about 30 drops of catuaba extract, and

- e. between about 1 drop and about 30 drops of maca extract, in a pharmaceutically-acceptable topical vehicle.
- 10. The composition of Claim 11, wherein the pharmaceutically-acceptable topical vehicle is a lotion comprising aloe and vitamin E.
- 11. A composition for topical administration to a mammal comprising, per ounce,
 - a. about 1% methyl nicotinate,
 - b. about 8mg/cm³ of L-arginine,
 - c. about 12 drops of muira puama extract,
 - d. about 12 drops of catuaba extract, and
 - e. about 12 drops of maca extract,

in a pharmaceutically-acceptable water-based topical vehicle comprising aloe and vitamin E.

12. A method of enhancing sexual response in a mammal comprising topically applying a composition comprising at least one ingredient selected from the group consisting of methyl nicotinate, yohimbe, L-arginine, muira puama extract, catuaba extract, maca extract, saw palmetto, nettles, zinc and mixtures thereof to the genitalia of a mammal in need of such treatment.